



CALENDRIER NATIONAL SKI DE FOND 2019 / 2020

| DATE | LIEU - CLUB | TYPE D'EPREUVE | DAMES | | HOMMES | | |
|----------------|--|---|----------------------|--|---------------------|-----------------------------|-------------------|
| | | | | | | | |
| 13/12/2019 | SKI CLUB QUEYRAS ARVIEUX SITE DU PLANET | SAMSE NATIONAL TOUR FFS 1 FIS | U17 -U20 -SEN | INDIV C 5 KM | U17 - U20 | INDIV C 7,5 KM | |
| 14/12/2019 | | | | | SEN | INDIV C 15KM | |
| 15/12/2019 | | | U17 -U20 | INDIV L 5KM | U17-U20 | INDIV L 10 KM | |
| 28/12/2019 | MEAUDRE AS MEAUDRAIS | SAMSE NATIONAL TOUR FFS 2 CHAMPIONNATS DE France SPRINT U17 | SEN | INDIV L 10KM | SEN | INDIV L 15 KM | |
| 29/12/2019 | | | U17-U20-SEN | SPRINT C | U17-U20-SEN | SPRINT C | |
| | | | U17 | INDIV C 5KM | U17 | INDIV C 7,5KM | |
| 11/01/2020 | MARKSTEIN SC MARKSTEIN RANSPACH | SAMSE NATIONAL TOUR FFS 3 | U20-SEN | INDIV C 10 KM | U20 | INDIV C 10KM | |
| 12/01/2020 | | | | | SEN | INDIV C 15KM | |
| 01/02/2020 | | | U17-U20-SEN | INDIV L 5KM | U17 | INDIV L 7,5KM | |
| 02/02/2020 | LA FECLAZ CS LA FECLAZ | SAMSE NATIONAL TOUR FFS 4 FIS | | | U20 - SEN | INDIV L 10KM | |
| | | | U17-U20-SEN | SPRINT L | U17-U20-SEN | SPRINT L | |
| | | | U17 | INDIV C 5KM | U17 | INDIV C 7,5KM | |
| 22/02/2020 | MOUTHE CHEZ LIADET | SAMSE NATIONAL TOUR FFS 5 | U20-SEN | INDIV C 10KM | U20 | INDIV C 10 KM | |
| 23/02/2020 | AS MOUTHE | | | | SEN | INDIV C 15KM | |
| | | | U17 -U20 - SEN | SPRINT L | U17 - U20 - SEN | SPRINT L | |
| 29/02/2020 | LE LARMONT | CHALLENGE NATIONAL NORDIQUE U 15 | U17 | MASS START L 7,5KM | U17-U20 | MASS START L 10KM | |
| 01/03/2020 | CSR PONTARLIER | | U20 - SEN | MASS SATRT L 10KM | SEN | MASS START L 15KM | |
| | | | U15 | SPRINT L | U15 | SPRINT L | |
| 07/03/2020 | SKI CLUB OISANS | SAMSE NATIONAL TOUR FFS FINALE CHAMPIONNATS DE France RELAIS U17 | U15 | INDIV C 4KM | U15 | INDIV C 5KM | |
| 08/03/2020 | L'ALPE D'HUEZ | | U17-U20-SEN | INDIV L 5KM | U17 | INDIV L 7,5KM | |
| | | | | | U20 - SEN | INDIV L 10KM | |
| 16 au 18/03/20 | | CHAMPIONNATS DE France UNSS | U17 | RELAIS D 3km C; H 5 Km C; D 3 Km L; H 5 Km L | | | |
| | | | U20 - SEN | MASS START C 5KM | U20 - SEN | MASS START C 10 KM | |
| 21/03/2020 | ESF LES ROUSSES LES TUFFES | FINALE NORDIC SKIERCROSS SNMSF | U13 -U15 | SKIERCROSS | U13 - U15 | SKIERCROSS | |
| 15/03/2020 | LA BRESSE | CHAMPIONNATS DE FRANCE DES CLUBS | U15, U17, U20 OU SEN | 3 km CL,4 km CL,5km L | U15, U17, U20, SEN | 3k CL,5k CL, 7,5k L, 7,5k L | |
| 27/03/2020 | LES COMTAMINES SKI CLUB DES COMTAMINES | CHAMPIONNATS DE FRANCE | U17 | MASS START L 5 KM | U17 | MASS START L 7,5KM | |
| 28/03/2020 | | | | U20-SEN | MASS START L 10KM | U20 - SEN | MASS START L 10KM |
| 29/03/2020 | | | | U20 - SEN | SPRINT C | U20 - SEN | SPRINT C |
| | | CHAMPIONNATS DE FRANCE RELAIS COMITES | U17- U20 - SEN | Relais C 3 Km, 5 Km, 5 Km | U17- U20- U20 - SEN | Relais C 3Km,5Km,5Km,5Km | |
| 05/04/2020 | LES GLIERES | CHTS DE FRANCE LONGUE DISTANCES | U20 | MASS START C 20 km | U20 | MASS START C 20 km | |
| | SCNP ROCHOIS | | SEN | MASS START C 30 km | SEN | MASS START C 30 km | |